

# BERKS CARDIOLOGY IMAGING CENTER

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## CARDIAC PET (POSITRON EMISSION TOMOGRAPHY) SCAN

A PET Scan is a nuclear stress test, with medicine, that requires you to;

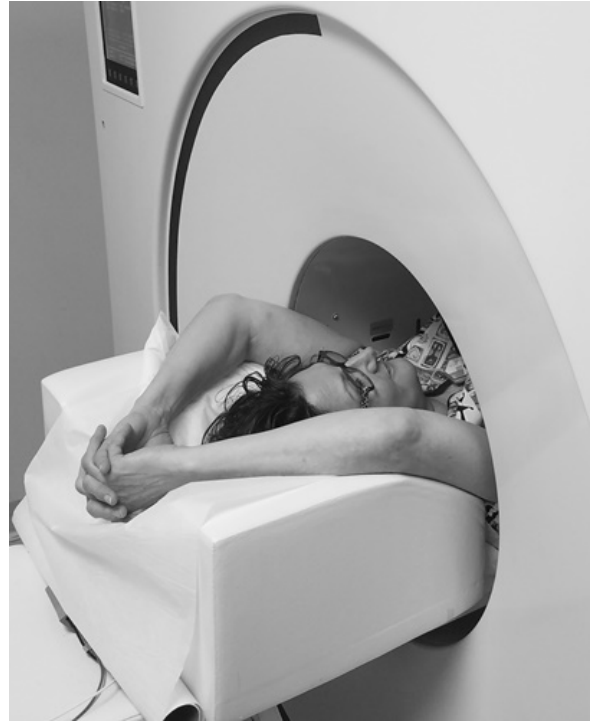
- have an intravenous to be started,
- lay on your back with your arms above your head.
- be placed, feet first, into the camera up to your arm pits. Your head does not enter the camera.
- Remain still in the camera for 45 minutes of imaging.

Preparations/Restrictions include:

- **No food and only water to drink 4 hours prior.**
- **No caffeine or decaffeinated products 24 hours prior (coffee, tea, soda or chocolate).**
- Bring medications and inhalers. Take all blood pressure medications as prescribed, unless otherwise noted.
- Wear a two piece outfit (avoid dresses and pantyhose)

Considerations:

- If you are **Diabetic** and unable to eat breakfast prior to your test time, do not take your Diabetic medications that morning.
- If you take a **Water Pill**, you may choose to hold it prior to your scheduled test.
- If you are **Claustrophobic** or suffer from anxiety, please see your primary care physician for treatment or medication for the day of the study.



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