



BERKS CARDIOLOGISTS IMAGING CENTER

2nd Floor; 2605 Keiser Blvd. (Spring Ridge); Wyomissing PA 19610; PHONE (610) 685-8500; FAX (610) 372-9550

MAP AND DIRECTIONS TO BERKS CARDIOLOGISTS ARE ON THE REVERSE SIDE

Patient Name _____

Referring Physician _____

Date Of Birth _____ Patient's Weight _____ Call Results To # _____

Patient Phone _____ DX/Indication _____ Fax Results To # _____

You are scheduled for the following checked studies on _____ at _____ AM/PM
Report to the second floor, upper parking lot entrance

Please check studies ordered:

SPECT CARDIOLITE STRESS TEST, WALL MOTION, EJECTION FRACTION

TREADMILL (convert to pharmacologic testing if patient has an inadequate heart rate response, exercise intolerance, or presents with a LBBB)

PHARMACOLOGIC

- If Asthma or inhalers are used for **lung problems, please call** our office at Ext 455 for further instructions
- Adenosine (convert to Dobutamine if lung status is contraindicated)
- Dobutamine

Preparations/Restrictions include:

- **Nothing to eat or drink, except water, 4 hours prior**
- **No caffeine or decaffeinated products 24 hours prior** (coffee, tea, soda or chocolate)
- Take all blood pressure medications as prescribed, unless otherwise noted
- Study takes 3 hours and 30 minutes
- Bring Medications and Inhalers
- Wear comfortable walking shoes (No sandals or heels)

MUGA SCAN (resting)

- Study will take 1 hour
- No restrictions or preparation

24- HOUR THALLIUM REST REDISTRIBUTION

- 2 day study; 1 hour each day
- Nothing to eat 4 hours prior each day

BONE SCAN circle one: **Whole Body / Limited / 3-Phase / SPECT**

- Return 2-3 hours after initial injection for imaging; Imaging will take 30 - 60 minutes
- No Restrictions

If there is a chance that you are pregnant or are breast feeding and scheduled for one of the above tests, call our office for further instructions.

(Isotopes are ordered specifically for the patient's weight and calibrated for the appointment time. The isotope cannot be reused. If the appointment cannot be kept, notify us 24 hours prior, so that the cost of the isotope can be avoided)

TREADMILL (EKG) STRESS TEST (without nuclear or echocardiogram imaging)

- Avoid large meals 1-2 hours prior; Wear comfortable walking shoes (No sandals or heels); study takes 1 hour
- Take all blood pressure medications as prescribed, unless otherwise noted; Bring Medications and Inhalers

CARDIAC ULTRASOUND (2-D ECHOCARDIOGRAM) with color flow doppler and if indicated, DEFINITY contrast

- Study takes 1 hour; No restrictions

STRESS ECHOCARDIOGRAM

- Study takes 1 hour and 30 minutes; Nothing to eat 4 hours prior; Wear comfortable walking shoes (No sandals or heels)
- Bring Medications and Inhalers

TREADMILL (convert to dobutamine if patient has an inadequate heart rate response or exercise intolerance) if indicated, DEFINITY contrast

DOBUTAMINE and if indicated, DEFINITY contrast

12-LEAD EKG

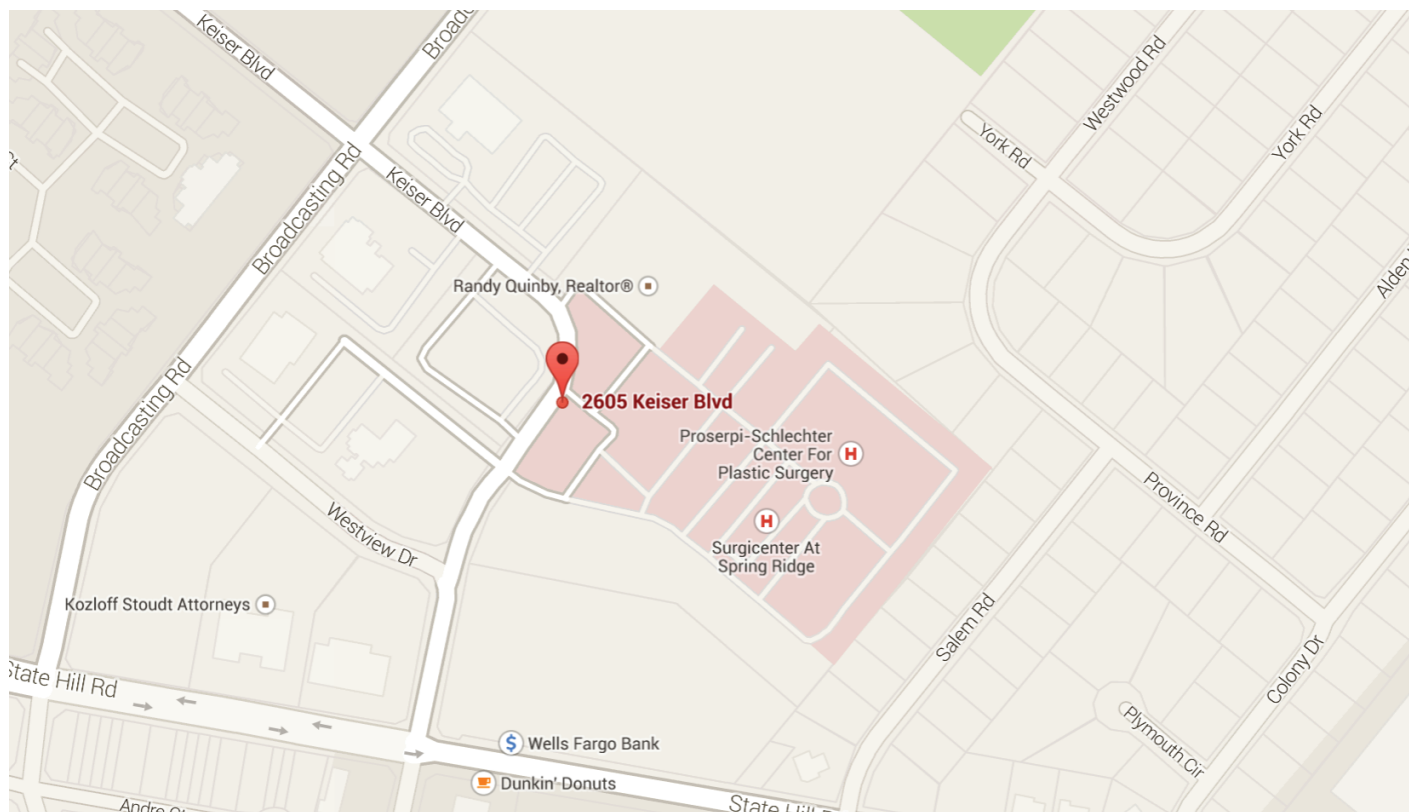
HOLTER Monitor

EVENT Recorder

PHYSICIAN'S SIGNATURE _____

DATE _____

Directions to Berks Cardiology Associates, Ltd.



FROM THE NORTH:

Take 222 SOUTH. Take the Broadcasting Road EXIT. Turn RIGHT onto Broadcasting Road. Just after Spring Ridge Elementary School (ON YOUR LEFT), turn LEFT onto Keiser Blvd. Our driveway is the 4th driveway on your LEFT.

FROM ROUTE 183:

Take Route 183 SOUTH. Take the Route 222 SOUTH Exit. Take 222 SOUTH. Take the Broadcasting Road Exit. Turn RIGHT onto Broadcasting Road. Just after Spring Ridge Elementary School (ON YOUR LEFT), turn LEFT onto Keiser Blvd. Our driveway is the 4th driveway on your LEFT.

FROM ROUTE 61:

Take Route 61 SOUTH. Get on Route 222 SOUTH. Take the Broadcasting Road EXIT. Turn RIGHT onto Broadcasting Road. Just after Spring Ridge Elementary School (ON YOUR LEFT), turn LEFT onto Keiser Blvd. Our driveway is the 4th driveway on your LEFT.

FROM THE SOUTH:

Take 222 NORTH. Take the Broadcasting Road Exit. Turn LEFT onto Broadcasting Road. Just after Spring Ridge Elementary School (ON YOUR LEFT), turn LEFT onto Keiser Blvd. Our driveway is the 4th driveway on your LEFT.

FROM THE WEST:

Take 422 EAST. Take State Hill Road EXIT. Turn RIGHT onto State Hill Road. At the 7th traffic light, turn RIGHT onto Westview Drive (at traffic light, Wells Fargo Bank is on your RIGHT, Gas station is on your LEFT). Keiser Blvd. is the second driveway on your right.

FROM THE EAST:

Take 422 WEST. Follow signs for Route 222 NORTH. Take the Broadcasting Road EXIT. Turn LEFT onto Broadcasting Road. Just after Spring Ridge Elementary School (ON YOUR LEFT), turn LEFT onto Keiser Blvd. Our driveway is the 4th driveway on your LEFT.